

Steubenville-City/Schools Breakfast Menu

Our menu is subject to change due to availability of food and school closure!

This institution is an equal opportunity provider.

December 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
2	3	4	5	6	Calories:
Breakfast Bar	Waffles	Pop Tart	Chex Mix	Banana Bread	Total Fat:
Fruit	Fruit	Fruit	Yogurt	Fruit	Saturated Fat:
Milk		Milk		Milk	% Calories from Sat. Fat:
MIIK	Milk	MIIK	Milk	MIIK	Trans Fat:
					Carbohydrates:
					Protein: Sodium:
9	10	11	12	13	Calories:
~	_			_	Total Fat:
Granola Bar	Pancake	Bagel w cream	Muffin	French Toast	Saturated Fat:
Yogurt	Grapes	cheese	Cheese Stick	Apple Slices	% Calories from Sat. Fat:
Milk	Milk	Banana	Juice	Juice	Trans Fat:
Juice		Milk	Milk	Milk	Carbohydrates:
Ju. 66					Protein:
					Sodium:
16	17	18	19	20	Calories:
Pancakes	Cereal Bar	Yogurt	Cinni Minni	French Toast	Total Fat:
Juice	Fruit	Cheese Stick	Juice	Juice	Saturated Fat:
Milk		Juice	Milk	Milk	% Calories from Sat. Fat:
MIIK	Milk		MIIK	MIIK	Trans Fat:
		Milk			Carbohydrates: Protein:
					Sodium:
22	24	35	26	27	Calories:
23	24	25	26	27	Total Fat:
					Saturated Fat:
No School	Christmas	Christmas	No School	No School	% Calories from Sat. Fat:
	Eve	Day	110 0011001	110 0011001	Trans Fat:
	Eve	Day			Carbohydrates:
					Protein:
					Sodium:
30	31				Calories:
					Total Fat:
No Colored	No Colored				Saturated Fat:
No School	No School				% Calories from Sat. Fat:
					Trans Fat:
					Carbohydrates: Protein:
					Sodium:
					Jouluin.